

Feeling overwhelmed or emotionally out of control?  
Feel like you are about to break from the pressures of life? If so,



# DON'T BREAK THRIVE!



STONEWALL COLUMBUS, IN PARTNERSHIP WITH FRANKLIN COUNTY OFFICE OF JUSTICE POLICY AND PROGRAMS, IS PLEASED TO INTRODUCE A NEW LGBTQ+ PEER-LED GROUP PROGRAM CALLED **DON'T BREAK. THRIVE!** THE PROGRAM IS DESIGNED TO TEACH AND ENHANCE SKILLS TO HELP PEOPLE WHO ARE STRUGGLING AND LOOKING FOR WAYS TO COPE WITH ALL TYPES OF CRISES.

**THIS PROGRAM IS OPEN TO THE LGBTQ+ AND ALLY COMMUNITIES.**

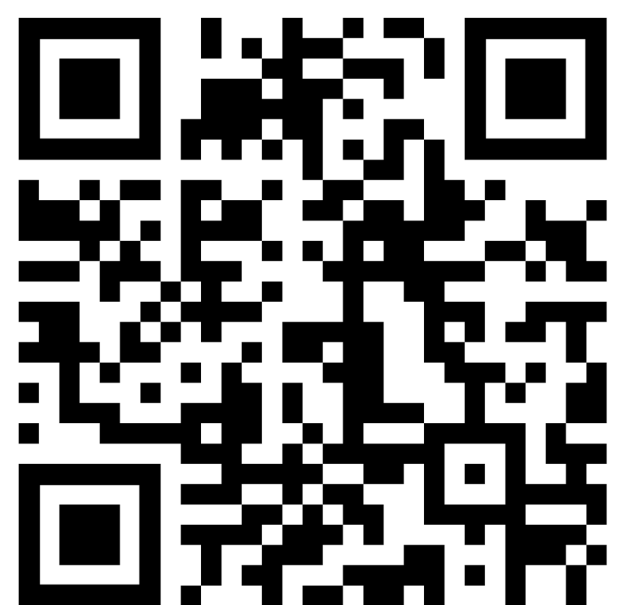
THIS **FREE** PROGRAM TEACHES  
SKILLS TO HELP PUT **YOU** IN  
CONTROL OF YOUR LIFE!

THE GROUP PROGRAM MEETS WEEKLY AND LASTS FOR 16 WEEKS

FOR MORE INFORMATION VISIT  
**STONEWALLCOLUMBUS.ORG/DBT**

614-407-0838

SCAN ME!



**STONEWALL  
COLUMBUS**

IN PARTNERSHIP WITH



Franklin County  
Board of Commissioners  
**JUSTICE POLICY  
& PROGRAMS**